

## **BRAIN INJURY SYMPTOMS FORM**

Traumatic brain injury can have wide-ranging physical and psychological effects. Some signs or symptoms may appear immediately after the traumatic event, while others may appear days or weeks later.

Please indicate if you have experienced any of the following symptoms since the motor vehicle accident by placing a mark in the appropriate box:

### **Physical symptoms**

- Loss of Consciousness
- Altered Consciousness (No loss of consciousness, but a state of being dazed, confused or disoriented)
- Headaches
- Nausea or vomiting
- Fatigue or drowsiness
- Problems with speech
- Weakness or numbness in fingers and toes
- Loss of coordination
- Difficulty sleeping/ Sleep disturbance
- Sleeping more than usual
- Dizziness or loss of balance
- Excessive fatigue

### **Sensory symptoms**

- Sensitivity to light or sound
- Paralysis of facial muscles or losing sensation in the face
- Loss of or altered sense of smell
- Loss of or altered sense of taste
- A bitter taste, a bad smell or difficulty smelling
- Loss of vision or blurred vision
- Blind spots or double vision
- Swallowing problems
- Ringing in the ear(s)
- Hearing loss
- Difficulty recognizing objects

Compliments of,  
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- Impaired hand-eye coordination
- Skin tingling, pain or itching
- Trouble with balance or dizziness

### **Cognitive or mental symptoms**

- Amnesia
- Profound confusion
- Slurred speech
- Problems with speech/word finding
- Difficulty speaking or writing
- Difficulty understanding speech or writing
- Problems with memory
- Problems with concentration/ability to focus
- Inability to organize thoughts and ideas
- Trouble following and participating in conversations
- Easily distracted
- Agitation, combativeness or other unusual behaviour

### **Behavioral Changes**

- Problems with judgment/self-control
- Problems in social relationships/situations
- Lack of awareness of abilities
- Problems with behaviour / risky behaviour
- Problems with anger/irritability
- Verbal or physical outbursts

### **Emotional Changes**

- Problems with emotions/emotional instability/mood swings
- Excessive crying
- Problems with depression/mood
- Feeling anxious
- Feeling overwhelmed (in social situations, crowds)
- Change in personality
- Lowered frustration tolerance
- Increased irritability
- Increased anger
- Lack of empathy for others
- Insomnia

Dated: \_\_\_\_\_

Completed by: \_\_\_\_\_